

# Recipe Allergen Summary

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide
Apple														
Apple Cake			♦		♦		♦							
<i>Contains: Gluten (Wheat)</i>														
Baked Beans														
Banana														
Bap					♦							◇		
<i>Contains: Gluten (Wheat)</i>														
Basmati Rice														
BBQ Chicken														
Beetroot														
Beetroot and Chocolate Cake			♦		♦									
<i>Contains: Gluten (Wheat)</i>														
Black olives														
Broccoli														
Carrots														
Cheese & Crackers	?	?	?	?	♦	?	♦	?	?	?	?	?	?	?
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye), Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Cheese & Tomato Pizza					♦		♦							
<i>Contains: Gluten (Wheat)</i>														
Cheese and Tomato Quiche			♦		♦		♦		◇	◇			◇	
<i>May contain: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Chicken Burger	♦				♦		♦		◇			◇	◇	
<i>Contains: Gluten (Wheat)</i>														
Chicken Burger Halal	♦				♦							◇		
<i>Contains: Gluten (Wheat)</i>														
Chocolate Custard							♦							
Chocolate Ice Cream							♦							
Coleslaw			♦						♦					
Cream							♦							
Creamy Tomato Pasta					♦									
<i>Contains: Gluten (Oats)</i>														
<i>May contain: Gluten (Barley, Rye, Wheat)</i>														
Cucumber														
Custard							♦							
Fish Fingers				♦	♦									
<i>Contains: Gluten (Wheat)</i>														
Fish Pie			◇	♦	♦		♦						◇	
<i>Contains: Gluten (Wheat)</i>														
French Bread (granary)					♦							◇		
<i>Contains: Gluten (Barley, Wheat)</i>														
French Bread (white)					♦							◇		
<i>Contains: Gluten (Wheat)</i>														

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Frubes							♦							
Fruit Cocktail														
Gluten Free Chicken Burger														
Gluten Free Fish Fingers				♦										
Gluten Free Vegetable Nuggets														
Gravy														
Herby Diced Potatoes					♦									
<i>Contains: Gluten (Wheat)</i>														
Jacket Potato with Baked Beans														
Jacket Potato with Cheese							♦							
Jacket Potato with Tuna Mayonnaise			♦	♦					♦					
Katsu Chicken	◊				♦		◊		◊				♦	
<i>Contains: Gluten (Wheat)</i>														
Lemon Drizzle Cake			♦		♦								◊	
<i>Contains: Gluten (Wheat)</i>														
Lettuce														
Macaroni Cheese					♦		♦							
<i>Contains: Gluten (Wheat)</i>														
Mandarin Oranges														
Mashed Potato														
Meatballs ( Halal ) in Tomato & Basil Sauce	♦				♦								♦	♦
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Meatballs in Tomato & Basil Sauce	♦		♦		♦									
<i>Contains: Gluten (Wheat)</i>														
Mixed vegetables														
Olives														
Orange														
Pasta Twists					♦									
<i>Contains: Gluten (Wheat)</i>														
Peaches														
Peas														
Peppers														
Pineapple														
Potato Wedges														
Rainbow Sprinkle Cake			♦		♦									
<i>Contains: Gluten (Wheat)</i>														
Roast Chicken														
Roast Chicken (Halal)														
Roast Potatoes #1														
Roasted Vegetable Tart	♦				♦									
<i>Contains: Gluten (Wheat)</i>														
Satsumas														
Sausages					♦									♦
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Sausages (halal)					♦									♦
<i>Contains: Gluten (Wheat)</i>														
Spaghetti Hoops					♦									
<i>Contains: Gluten (Wheat)</i>														

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Sweet and Sour Chicken														
Sweetcorn														
Tomatoes														
Vegan (df) Custard					◆									
<i>Contains: Gluten (Oats)</i>														
Vegan Burger						◆			◇				◇	
Vegan Macaroni Cheese	◆				◆								◆	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Vegan Sausage					◆									
<i>Contains: Gluten (Wheat)</i>														
Vegan Vanilla Sponge Cake													◆	
Vegetable Burger					◆									
<i>Contains: Gluten (Wheat)</i>														
Vegetable Nuggets					◆									
<i>Contains: Gluten (Wheat)</i>														
Veggie Balls In Tomato sauce (Vegan)	◆												◆	

- ◆ Recipe contains allergen
- ◇ Recipe may contain allergen
- ? Missing data for allergen