

The NAS promotes early diagnosis and intervention.

The traditional EarlyBird Programme empowers and supports parents/carers of pre-school children with a diagnosis of an autism spectrum disorder.

In 2003 the EarlyBird Plus Programme was developed to support families whose child receives a later diagnosis (4-8 years).

For information about local National Autistic Society EarlyBird Plus teams, please contact:

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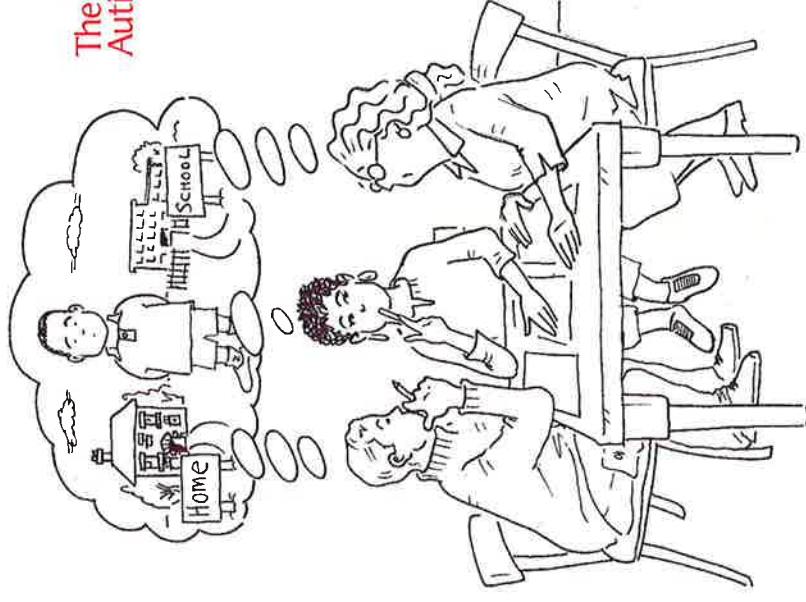
Your local EarlyBird Plus Team is:



Illustrations by Steve Lockett

The National Autistic Society is the UK's leading charity for people affected by autism

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The National Autistic Society EarlyBird Plus Programme

A three-month programme for parents/carers of young children (4-8 years) with an autism spectrum disorder and for the professionals supporting them.

Your autism clarity

What is the EarlyBird Plus Programme?

Our EarlyBird Plus Programme is a three-month training programme involving eight group sessions and two home visits. This programme does not replace our traditional pre-school programme but offers support for families whose child receives a later diagnosis.

Who can attend the programme?

Families of a child between the ages of four and eight years with a diagnosis of an autism spectrum disorder can attend the programme. Three places are allocated to each family: two for parents/carers and one for a professional who is currently working with their child.

When and where are the sessions held?

The eight group sessions are held locally on the same day each week. Each session lasts two and a half hours.

Who runs the programme?

The programme is run by local professionals who have all been trained at The National Autistic Society EarlyBird Centre in South Yorkshire.



What are the aims of the programme?

- > To empower parents/carers.
- > To encourage a consistent approach between home and school by training parents and professionals together.

What will we learn about?

The National Autistic Society EarlyBird approach will help you to:

- > understand your child's autism
- > improve communication with your child
- > develop strategies to pre-empt problem behaviours and/or manage those which do occur.

First brush teeth
and then Thomas.

